



Fecha 08/06/2019

MEDIA NATURALEZA

CLASIFICACION GENERAL

Pos	Nombre	Dorsal	Categoría	P. Cat	Equipo	T. Oficial	T. Neto	Ritmo	Dif
1	ANTONIO AMILCAR PEREA CORREA	251	GENERAL M	1	UDAT	01:20:52	01:20:51	3:51 min/km	+00:00:00
2	ÓSCAR SÁNCHEZ GÓMEZ	311	GENERAL M	2	C.A. FARTLEK	01:21:35	01:21:31	3:53 min/km	+00:00:43
3	MIGUEL VARA GARCÍA	346	GENERAL M	3	AVITRAIL DEPORTES ALFONSO	01:24:48	01:24:48	4:02 min/km	+00:03:56
4	JUAN LUIS MATA BLANCO	215	SENIOR M	1	CLINICA MENORCA- SS DE LOS REY	01:24:51	01:24:50	4:02 min/km	+00:03:59
5	EUSEBIO GARCIA GRADILLA	99	VT-M	1	C.A. SAN FERNANDO	01:26:33	01:26:33	4:07 min/km	+00:05:41
6	ÁLVARO IZQUIERDO DE CASTRO	161	VT-M	2	TRAINING ÓSCAR	01:26:46	01:26:43	4:07 min/km	+00:05:53
7	FERNANDO DE CASTRO DE ARRIBA	60	VT-M	3	CLUB ATLETAS VETERANOS DE SA	01:27:17	01:27:14	4:09 min/km	+00:06:25
8	GUILLERMO HORCAJO LUIS	158	SENIOR M	2	GRUPO OASIS TRES CANTOS	01:27:40	01:27:39	4:10 min/km	+00:06:48
9	DAVID LOPEZ JIMENEZ	188	VT-M	4	ECOSPORT AVILA	01:29:03	01:29:01	4:14 min/km	+00:08:11
10	FRANCISCO JAVIER GIL PADILLA	121	SENIOR M	3	AVITRAIL DEPORTES ALFONSO	01:29:51	01:29:49	4:16 min/km	+00:08:59
11	ANGEL GARCIA SANTAMARIA	111	VT-M	5	CLUB ATLETAS VETERANOS DE SA	01:30:04	01:30:02	4:17 min/km	+00:09:12
12	TXUS JIMÉNEZ HERNÁNDEZ	169	SENIOR M	4	GREDOS RUNNERS	01:30:39	01:30:38	4:19 min/km	+00:09:46
13	ISRAEL VÁZQUEZ MATEOS	349	SENIOR M	5	C.D. LA PORTIÑA	01:30:45	01:30:43	4:19 min/km	+00:09:53
14	FRANCISCO GOMEZ FAJARDO	125	VT-M	6	C.D. LUMICIERNAGA	01:31:30	01:31:26	4:21 min/km	+00:10:38
15	MÍGUEL A SEVILLANO ARROYO	325	VT-M	7	CAZABACHES	01:31:40	01:31:37	4:21 min/km	+00:10:48
16	SERGIO TELLADO LOPEZ	330	VT-M	8	INDEPENDIENTE	01:31:54	01:31:52	4:22 min/km	+00:11:02
17	ANTONIO DE PEDRO DE CELIS	64	SENIOR M	6	INDEPENDIENTE	01:32:38	01:32:35	4:24 min/km	+00:11:45
18	ESTEBAN GARCÍA SIGÜENZA	112	VT-M	9	INDEPENDIENTE	01:32:54	01:32:50	4:25 min/km	+00:12:02
19	JUAN DE DIOS YUSTE PÉREZ	366	SENIOR M	7	INDEPENDIENTE	01:32:58	01:32:57	4:25 min/km	+00:12:05
20	JORGE MAYO SANTANA	217	VT-M	10	CDAM ALMANZOR	01:33:33	01:33:29	4:27 min/km	+00:12:41
21	JESUS ENCINAR GÓMEZ	76	VT-M	11	CDAM ALMANZOR	01:34:06	01:34:02	4:28 min/km	+00:13:14
22	ENRIQUE RODRIGUEZ GONZALEZ	283	VT-M	12	ECOSPORT	01:34:21	01:34:19	4:29 min/km	+00:13:29
23	ANTONIO TORRES LARA	335	VT-M	13	TRIAVILA	01:34:31	01:34:28	4:30 min/km	+00:13:38
24	FRANCISCO JAVIER GUAYERBAS ROJO	137	VT-M	14	CD EBORA RUNNERS	01:34:44	01:34:43	4:30 min/km	+00:13:52
25	RAUL SERRANO GONZALEZ	323	VT-M	15	LA BELLOTA DEPORTIVA	01:35:11	01:35:06	4:31 min/km	+00:14:19
26	SAÚL PLAZA GARCÍA	260	VT-M	16	ECOSPORT	01:35:14	01:35:11	4:32 min/km	+00:14:22
27	ALFONSO HERRERO HERNÁNDEZ	153	SENIOR M	8	INDEPENDIENTE	01:35:28	01:35:10	4:32 min/km	+00:14:36
28	DAVID ROLLÓN MONTERO	290	SENIOR M	9	INDEPENDIENTE	01:35:56	01:35:44	4:34 min/km	+00:15:04
29	OSCAR VIVAS CEDILLO	362	SENIOR M	10	CLUB MARATÓN CASAR	01:37:01	01:36:59	4:37 min/km	+00:16:09
30	ENRIQUE SANCHEZ RAMIRO	314	SENIOR M	11	C.A. GRUPO OASIS	01:37:01	01:36:59	4:37 min/km	+00:16:09
31	CARLOS HERRERO ROLDAN	154	VT-M	17	LA RAMONA	01:37:10	01:37:02	4:37 min/km	+00:16:18
32	IVAN VAZQUEZ MARTIN	348	VT-M	18	C.D.E. TRIATLÓN LO-COST LEGANÉ	01:37:33	01:37:21	4:38 min/km	+00:16:41
33	JESÚS RUANO GARGANTILLA	296	VT-M	19	INDEPENDIENTE	01:37:52	01:37:47	4:39 min/km	+00:17:00
34	PABLO FERNÁNDEZ VÁZQUEZ	83	VT-M	20	E.A. BEN-CHO-SHEY PEREIRO DE A	01:38:19	01:38:09	4:40 min/km	+00:17:27
35	PEDRO PABLO URDIALES SOLA	342	SENIOR M	12	CDE OROPESA CORRE	01:38:31	01:38:29	4:41 min/km	+00:17:39
36	CARLOS MUÑOZ DIAZ	234	VT-M	21	ECOSPORT	01:38:44	01:38:33	4:42 min/km	+00:17:52
37	BERNARDINO VILLANUEVA VIGO	359	VT-M	22	NAVALMARATON	01:38:49	01:38:36	4:42 min/km	+00:17:57
38	LUIS JIMENEZ MUÑOZ	173	VT-M	23	INDEPENDIENTE	01:38:55	01:38:31	4:42 min/km	+00:18:03
39	JESÚS MANUEL SUELA PARRA	328	SENIOR M	13	INDEPENDIENTE	01:39:05	01:38:50	4:43 min/km	+00:18:13
40	MIGUEL ANGEL CASERO CARPIO	42	SENIOR M	14	INDEPENDIENTE	01:39:51	01:39:41	4:45 min/km	+00:18:59
41	RUBÉN HERNÁNDEZ MARTÍN	146	VT-M	24	ECOSPORT	01:39:53	01:39:50	4:45 min/km	+00:19:01
42	GERARDO FERNÁNDEZ BURGOS	80	VT-M	25	LA TAPIA MADRID	01:39:58	01:39:47	4:45 min/km	+00:19:06
43	FÁTIMA GUERRERO PÉREZ	140	GENERAL F	1	INDEPENDIENTE	01:40:17	01:40:15	4:46 min/km	+00:19:25
44	JOSE ANTONIO VELASCO SANTAMARIA	353	VT-M	26	INDEPENDIENTE	01:40:19	01:40:07	4:46 min/km	+00:19:27



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Pos	Nombre	Dorsal	Categoría	P. Cat	Equipo	T. Oficial	T. Neto	Ritmo	Dif
45	FERNANDO BAZACO CALOTO	17	SENIOR M	15	INDEPENDIENTE	01:40:29	01:40:28	4:47 min/km	+00:19:37
46	RAFAEL ARROYO VELAYOS	12	VT-M	27	CDAM ALMANZOR	01:40:36	01:40:32	4:47 min/km	+00:19:44
47	RUBÉN GARCÍA DE LA CALLE	94	SENIOR M	16	INDEPENDIENTE	01:40:39	01:40:24	4:47 min/km	+00:19:47
48	DAVID ENCABO SAEZ	75	SENIOR M	17	TRIAVILA	01:40:43	01:40:39	4:47 min/km	+00:19:51
49	PEDRO SERRANO ALONSO	322	VT-M	28	INDEPENDIENTE	01:41:02	01:40:54	4:48 min/km	+00:20:10
50	JESUS SANTODOMINGO PASCUAL	319	VT-M	29	INDEPENDIENTE	01:41:18	01:41:15	4:49 min/km	+00:20:26
51	ALBERTO RUBIO CHAMORRO	297	VT-M	30	C.D AVILA RUNNERS	01:41:22	01:41:16	4:49 min/km	+00:20:30
52	ÁLVARO GARCÍA NIETO	105	SENIOR M	18	MONKEY'S ROPES	01:41:46	01:41:43	4:50 min/km	+00:20:54
53	RODRIGO VILLANUEVA BLANCO	358	VT-M	31	INDEPENDIENTE	01:41:58	01:41:47	4:51 min/km	+00:21:06
54	VÍCTOR HERNÁNDEZ GUTIÉRREZ	145	SENIOR M	19	AVILA RUNNERS TEAM	01:42:02	01:41:56	4:51 min/km	+00:21:10
55	SERGIO GALÁN NAVARRO	87	SENIOR M	20	INDEPENDIENTE	01:42:24	01:42:22	4:52 min/km	+00:21:32
56	MIGUEL UZQUIANO REVE	343	VT-M	32	U.A.LA PORTIÑA	01:42:38	01:42:35	4:53 min/km	+00:21:46
57	ADOLFO BLANCO JARAVA	24	VT-M	33	INDEPENDIENTE	01:42:52	01:42:51	4:53 min/km	+00:21:59
58	JESUS JIMÉNEZ CHAMORRO	163	SENIOR M	21	GREDOS	01:43:13	01:43:11	4:54 min/km	+00:22:21
59	PABLO TORRALBA CASTAÑEDA	333	SENIOR M	22	INDEPENDIENTE	01:43:14	01:43:10	4:54 min/km	+00:22:22
60	BEATRIZ DIAZ DE LA ASUNCION	67	GENERAL F	2	INDEPENDIENTE	01:43:21	01:43:21	4:55 min/km	+00:22:29
61	AITOR RODRÍGUEZ SANTOS	287	SENIOR M	23	AVILA RUNNERS TEAM	01:43:22	01:43:15	4:55 min/km	+00:22:30
62	ANTONIO TRIGOS ROMERO	338	SENIOR M	24	INDEPENDIENTE	01:43:24	01:43:16	4:55 min/km	+00:22:31
63	JOSE RAUL FRAILE ROSADO	85	VT-M	34	CLUB ATLETISMO SAN FERNANDO	01:43:24	01:43:18	4:55 min/km	+00:22:32
64	FELIX AVENDAÑO SANCHEZ	14	SENIOR M	25	INDEPENDIENTE	01:43:28	01:43:17	4:55 min/km	+00:22:36
65	NACHO JIMENEZ GARCIA	164	VT-M	35	INDEPENDIENTE	01:43:34	01:43:15	4:55 min/km	+00:22:42
66	RICARDO JIMENEZ HERNÁNDEZ	168	SENIOR M	26	AVILA RUNNERS TEAM	01:43:39	01:43:32	4:56 min/km	+00:22:46
67	SERGIO GOMEZ DUEÑAS	124	SENIOR M	27	INDEPENDIENTE	01:44:00	01:43:49	4:57 min/km	+00:23:08
68	LUIS DIEZ ROBLA	73	VT-M	36	INDEPENDIENTE	01:44:06	01:44:01	4:57 min/km	+00:23:14
69	JAVIER ACEITUNO GÓMEZ	2	VT-M	37	C. D. LA PORTIÑA	01:44:21	01:44:20	4:58 min/km	+00:23:28
70	SONSOLES MUÑOZ MUÑOZ	236	GENERAL F	3	CDAM ALMANZOR	01:44:30	01:44:27	4:58 min/km	+00:23:38
71	LUIS MANUEL VILLAR RODRÍGUEZ	361	VT-M	38	INDEPENDIENTE	01:44:47	01:44:41	4:59 min/km	+00:23:54
72	JUAN LUIS ARROYO	10	VT-M	39	JACQUELINE RUNNERS	01:46:07	01:45:49	5:03 min/km	+00:25:15
73	DAVID SANCHEZ SABARTES	316	SENIOR M	28	FOROFOS DEL RUNNING	01:46:09	01:45:36	5:03 min/km	+00:25:17
74	ALVARO CAMPOS JARAIZ	33	VT-M	40	C.A. SAN FERNANDO DE HENARES	01:46:17	01:46:10	5:03 min/km	+00:25:25
75	ALBERTO MORENO JIMENEZ	230	VT-M	41	MCDONAL'S ÁVILA	01:46:17	01:46:10	5:03 min/km	+00:25:25
76	DAVID PINILLA SANZ	257	VT-M	42	C.A.S.H	01:46:51	01:46:33	5:05 min/km	+00:25:59
77	RAMÓN REVUELTA LUCAS	268	VT-M	43	C.A. GRUPO OASIS	01:46:59	01:46:37	5:05 min/km	+00:26:06
78	RAÚL MAHAMUD CANTERO	195	VT-M	44	LOS BOLILLAS	01:47:16	01:46:52	5:06 min/km	+00:26:24
79	ISIDRO IGLESIAS IGLESIAS	160	VT-M	45	KCHARROS	01:47:33	01:47:17	5:07 min/km	+00:26:41
80	JUAN GARCIA	92	VT-M	46	C.A. VELILLA DE SAN ANTONIO	01:47:37	01:47:29	5:07 min/km	+00:26:44
81	MAR SABAO REVIDIEGO	303	VT-F	1	C.A. CASTILLO DE LA MOTA	01:48:10	01:48:08	5:09 min/km	+00:27:18
82	JOSE ANDRES MARTIN GUTIERREZ	210	VT-M	47	C.A. CASTILLO DE LA MOTA	01:48:11	01:48:07	5:09 min/km	+00:27:19
83	FRANCISCO JAVIER MANGLANO LEÓN	199	VT-M	48	FOROFOS DEL RUNNING	01:48:30	01:47:58	5:10 min/km	+00:27:38
84	VICENTE GARRIDO RODRÍGUEZ	115	SENIOR M	29	FOROFOS DEL RUNNING	01:48:31	01:47:56	5:10 min/km	+00:27:38
85	RAFAEL COMESAÑA ORTEGA	50	VT-M	49	AVILA RUNNERS TEAM	01:48:33	01:48:26	5:10 min/km	+00:27:41
86	MARTIN HERNANDEZ PRIETO	147	VT-M	50	AVILA RUNNERS TEAM	01:48:36	01:48:29	5:10 min/km	+00:27:44
87	CARLOS LLORENTE YUSTE	183	SENIOR M	30	INDEPENDIENTE	01:48:42	01:48:37	5:10 min/km	+00:27:50
88	ALBERTO GARCÍA RODRÍGUEZ	108	VT-M	51	CDAM ALMANZOR	01:48:47	01:48:39	5:10 min/km	+00:27:55



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Pos	Nombre	Dorsal	Categoría	P. Cat	Equipo	T. Oficial	T. Neto	Ritmo	Dif
89	JOSE LUIS CECILIA ORTIZ	44	VT-M	52	INDEPENDIENTE	01:48:59	01:48:36	5:11 min/km	+00:28:07
90	OSCAR VERGAS SANCHEZ	354	VT-M	53	UNION DEPORTIVA VEGETARIANA	01:49:11	01:48:44	5:11 min/km	+00:28:19
91	PEDRO ORGAZ SANCHEZ	240	VT-M	54	INDEPENDIENTE	01:49:28	01:49:14	5:12 min/km	+00:28:36
92	ROBERTO LLORENTE GUERRA	182	VT-M	55	C.D. AREVALO	01:49:52	01:49:44	5:13 min/km	+00:29:00
93	JAVIER TUREGANO FERNANDEZ	239	SENIOR M	31	INDEPENDIENTE	01:50:01	01:49:28	5:14 min/km	+00:29:09
94	JESUS MIGUEL MAIZ GARCIA	196	VT-M	56	INDEPENDIENTE	01:50:06	01:49:48	5:14 min/km	+00:29:14
95	JESÚS DÍAZ TURRIÓN	71	VT-M	57	CORREMOS	01:50:09	01:50:00	5:14 min/km	+00:29:17
96	RAUL BAILE CORTES	400	VT-M	58		01:50:15	01:50:02	5:15 min/km	+00:29:23
97	MIGUEL PARRAS	246	VT-M	59	ADIDAS RUNNERS MADRID	01:50:18	01:50:17	5:15 min/km	+00:29:26
98	RAUL CARRACEDO GERBOLES	36	VT-M	60	INDEPENDIENTE	01:50:19	01:50:03	5:15 min/km	+00:29:27
99	MIGUEL ANGEL PRÍNCIPE ARROYO	262	VT-M	61	INDEPENDIENTE	01:50:21	01:49:59	5:15 min/km	+00:29:29
100	JAVIER SANCHEZ ARRIAGA	307	VT-M	62	LOS ALMONTEÑOS	01:50:25	01:50:22	5:15 min/km	+00:29:33
101	GEMA LOPEZ JIMENEZ	189	VT-F	2	C.D. AREVALO	01:50:32	01:50:22	5:15 min/km	+00:29:40
102	PABLO ARAUZO PORRERO	8	VT-M	63	CD KALAMOS	01:50:33	01:50:20	5:15 min/km	+00:29:41
103	RODRIGO GARCÍA ZAMORANO	114	VT-M	64	AVILA RUNNERS TEAM	01:51:05	01:50:58	5:17 min/km	+00:30:13
104	TEODORO GIL SANTOS	122	SENIOR M	32	INDEPENDIENTE	01:51:32	01:51:05	5:18 min/km	+00:30:40
105	ROSA RODRÍGUEZ	279	VT-F	3	INDEPENDIENTE	01:51:46	01:51:39	5:19 min/km	+00:30:54
106	FRANCISCO CARRION BENITEZ	39	VT-M	65	C.D. LUMICIERNAGA	01:51:46	01:51:31	5:19 min/km	+00:30:54
107	ANTONIO PARDO MUÑOZ	244	VT-M	66	C.D. LUMICIERNAGA	01:51:46	01:51:33	5:19 min/km	+00:30:54
108	XAVIER MALEVILLE	197	VT-M	67	INDEPENDIENTE	01:52:07	01:52:00	5:20 min/km	+00:31:14
109	AGUSTIN GALINDO GUERRERO	88	SENIOR M	33	C.D. LUMICIERNAGA	01:52:13	01:52:10	5:20 min/km	+00:31:21
110	FAUSTINO GARCIA CHAVES	93	VT-M	68	NAVALMARATON	01:52:18	01:52:05	5:20 min/km	+00:31:26
111	EDUARDO SAN SEGUNDO RUIZ	306	VT-M	69	TRIAVILA	01:52:18	01:52:06	5:20 min/km	+00:31:26
112	ALBERTO HERNANDEZ RUIZ MEDRANO	148	VT-M	70	C.A. SAN FERNANDO DE HENARES	01:52:23	01:52:12	5:21 min/km	+00:31:31
113	PEDRO ENRIQUE HERNAIZ ARMERO	143	VT-M	71	C.A. CUENCA	01:52:25	01:52:22	5:21 min/km	+00:31:33
114	RAÚL MARTIN RICO	212	SENIOR M	34	CANICROSS SALAMANCA	01:52:32	01:52:19	5:21 min/km	+00:31:40
115	RUBÉN GONZÁLEZ CRUZ	131	SENIOR M	35	CLUB CORREDORES	01:52:58	01:52:45	5:22 min/km	+00:32:05
116	ANDRÉS CAMPOS POLO	34	SENIOR M	36	CD NAVALMRATON	01:52:59	01:52:45	5:22 min/km	+00:32:07
117	MIGUEL MENDOZA MARTÍN	222	SENIOR M	37	ÁVILA KICKBOXING ACADEMY	01:53:00	01:52:41	5:22 min/km	+00:32:08
118	BONIFACIO FIERRO RUIZ	84	VT-M	72	TROTON.ES	01:53:01	01:52:52	5:22 min/km	+00:32:09
119	FRANCISCO JAVIER HERRERO GUTIÉRREZ	151	VT-M	73	INDEPENDIENTE	01:53:07	01:52:39	5:23 min/km	+00:32:15
120	MIGUEL ANGEL JIMENEZ JIMENEZ	171	VT-M	74	ECOSPORT	01:53:23	01:53:12	5:23 min/km	+00:32:30
121	MIGUEL GARCIA FERNANDEZ	96	VT-M	75	ECOSPORT	01:53:23	01:53:11	5:23 min/km	+00:32:30
122	AURORA JIMENEZ SANCHEZ	174	VT-F	4	ECOSPORT	01:53:23	01:53:13	5:23 min/km	+00:32:31
123	JUAN CARLOS RODRIGUEZ FRANCISCO	281	SENIOR M	38	INDEPENDIENTE	01:53:23	01:53:13	5:23 min/km	+00:32:31
124	ÓSCAR MENDOZA MARTÍN	221	SENIOR M	39	ÁVILA KICKBOXING ACADEMY	01:53:30	01:53:12	5:24 min/km	+00:32:38
125	MANUEL JESÚS CONDE SANCHEZ	51	VT-M	76	AVILA RUNNERS TEAM	01:53:31	01:53:24	5:24 min/km	+00:32:39
126	DANIEL MARTIN THIEMANN	213	SENIOR M	40	INDEPENDIENTE	01:53:41	01:53:19	5:24 min/km	+00:32:49
127	RAÚL RODRIGUEZ CAMPO	280	VT-M	77	INDEPENDIENTE	01:53:51	01:53:45	5:25 min/km	+00:32:58
128	MANUEL PICÓN MOLINA	255	VT-M	78	TROTON.ES	01:53:56	01:53:49	5:25 min/km	+00:33:04
129	ALVARO GIBELLO BASTANTE	118	SENIOR M	41	INDEPENDIENTE	01:54:01	01:53:45	5:25 min/km	+00:33:08
130	INMACULADA ZAPATERO	367	VT-F	5	INDEPENDIENTE	01:54:03	01:53:48	5:25 min/km	+00:33:11
131	ENRIQUE ROMO HERNÁNDEZ	294	VT-M	79	CANICROSS SALAMANCA	01:54:03	01:53:50	5:25 min/km	+00:33:11
132	SUSANA LAGÜELA LÓPEZ	177	SENIOR F	1	JACQUELINE RUNNERS	01:54:17	01:53:59	5:26 min/km	+00:33:24



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133	MIGUEL ÁNGEL DÍAZ-GUERRA QUIRÓS	72	VT-M	80	INDEPENDIENTE	01:54:23	01:54:07	5:26 min/km	+00:33:31
134	FRANCISCO JAVIER CLAVO RINCON	49	VT-M	81	C.D. AREVALO	01:54:28	01:54:18	5:27 min/km	+00:33:36
135	JOSE ANTONIO MORENO GARCÍA	229	VT-M	82	INDEPENDIENTE	01:54:43	01:54:27	5:27 min/km	+00:33:51
136	SARA SERRANO SANCHEZ	324	VT-F	6	INDEPENDIENTE	01:54:56	01:54:46	5:28 min/km	+00:34:04
137	IVÁN ALDEA BAYÓN	5	SENIOR M	42	INDEPENDIENTE	01:54:57	01:54:38	5:28 min/km	+00:34:05
138	JESÉS HERRÁEZ MANCEBO	150	VT-M	83	ECOSPORT	01:55:01	01:54:49	5:28 min/km	+00:34:09
139	JULIO CALVO GOMEZ	32	SENIOR M	43	C.D. AREVALO ATLETISMO	01:55:09	01:55:00	5:29 min/km	+00:34:17
140	FRANCISCO PEREZ PALOMINO	253	VT-M	84	LARES RUNNING	01:55:09	01:54:44	5:29 min/km	+00:34:17
141	ALVARO MARTÍN GIL	206	SENIOR M	44	INDEPENDIENTE	01:55:12	01:54:49	5:29 min/km	+00:34:19
142	ROBERTO GARCIA JIMENEZ	1	SENIOR M	45		01:55:13	01:55:12	5:29 min/km	+00:34:21
143	JAVIER QUINTANA GARCIA	265	VT-M	85	C.A. SAN FERNANDO DE HENARES	01:55:24	01:55:13	5:29 min/km	+00:34:32
144	DAVID MARTÍN GONZÁLEZ	208	SENIOR M	46	INDEPENDIENTE	01:55:25	01:54:57	5:29 min/km	+00:34:33
145	MANUEL PEREZ PEDRERO	254	VT-M	86	C.A. SAN FERNANDO DE HENARES	01:55:39	01:55:28	5:30 min/km	+00:34:47
146	LUISMI MANGUERO MONTES	200	VT-M	87	INDEPENDIENTE	01:55:47	01:55:39	5:30 min/km	+00:34:55
147	CONCEPCION SANCHEZ PACHO	313	VT-F	7	INDEPENDIENTE	01:55:48	01:55:43	5:30 min/km	+00:34:55
148	CARLOS GARCIA DE LA CRUZ	95	VT-M	88	INDEPENDIENTE	01:55:48	01:55:42	5:30 min/km	+00:34:56
149	DANI DE HOYOS	13	SENIOR M	47	LOS ATLETAS DE GREDOS	01:55:56	01:55:54	5:31 min/km	+00:35:04
150	ALVARO GARCIA ZABALLOS	113	SENIOR M	48	ATLETISMO MACOTERA	01:55:58	01:55:41	5:31 min/km	+00:35:06
151	JAVIER RONCERO RICO	295	VT-M	89	INDEPENDIENTE	01:55:58	01:55:33	5:31 min/km	+00:35:06
152	JOSE ANGEL VAZQUEZ	347	VT-M	90	INDEPENDIENTE	01:56:02	01:55:33	5:31 min/km	+00:35:10
153	DAVID RODRIGUEZ	277	VT-M	91	AVILA RUNNERS TEAM	01:56:13	01:56:07	5:32 min/km	+00:35:21
154	SILVIA SUAREZ HERNANDEZ	327	SENIOR F	2	CLUB DE MONTAÑA PIEDRALAVES	01:56:13	01:56:11	5:32 min/km	+00:35:21
155	DAVID DE ANCOS CERRILLO	57	VT-M	92	INDEPENDIENTE	01:56:38	01:55:59	5:33 min/km	+00:35:46
156	FEDERICO UCEDA MONTERO	341	VT-M	93	C.A. LAS TABLAS	01:56:46	01:56:19	5:33 min/km	+00:35:53
157	OSCAR RUBEN JIMÉNEZ HERRAEZ	170	SENIOR M	49	INDEPENDIENTE	01:56:49	01:56:30	5:33 min/km	+00:35:57
158	FERNANDO TORRES RODRIGUEZ	336	VT-M	94	A.A. POPULARES	01:57:01	01:56:36	5:34 min/km	+00:36:08
159	JOSÉ MARÍA MANZANO GARCÍA	202	VT-M	95	INDEPENDIENTE	01:57:01	01:56:37	5:34 min/km	+00:36:09
160	PABLO SOLANA CAVIA	326	VT-M	96		01:57:12	01:56:46	5:34 min/km	+00:36:20
161	CARLOS SALMON RANZ	305	VT-M	97	C.A. LAS TABLAS	01:57:12	01:56:45	5:34 min/km	+00:36:20
162	ALBERTO GARCIA MORENO	103	SENIOR M	50	GUARDERÍA PEÑA FRANCIA	01:57:21	01:56:54	5:35 min/km	+00:36:29
163	JOSÉ ANTONIO MARTÍN BLÁZQUEZ	205	VT-M	98	NAVACEPEDA RUNNERS	01:57:36	01:57:05	5:36 min/km	+00:36:44
164	CECILIA DE MUNCK	63	VT-F	8	C.A. GRUPO OASIS	01:57:50	01:57:30	5:36 min/km	+00:36:58
165	JOSÉ ANTONIO DÍAZ LÓPEZ	69	VT-M	99	INDEPENDIENTE	01:57:55	01:57:23	5:36 min/km	+00:37:03
166	OSCAR MONTESANO ARRIBAS	227	VT-M	100	NAVACEPEDA RUNNERS	01:57:55	01:57:24	5:36 min/km	+00:37:03
167	VIRGINIA HIDALGO RODRIGUEZ	156	VT-F	9	C.D. AREVALO ATLETISMO	01:57:56	01:57:47	5:36 min/km	+00:37:04
168	DATIVO RODRIGUEZ GARCIA	282	VT-M	101		01:57:56	01:57:48	5:36 min/km	+00:37:04
169	PAULA RODRÍGUEZ IGLESIAS	285	SENIOR F	3	INDEPENDIENTE	01:58:08	01:57:42	5:37 min/km	+00:37:16
170	FIDEL MARTIN GOMEZ	207	VT-M	102	LA CUESTA COLORÁ	01:58:09	01:57:52	5:37 min/km	+00:37:17
171	HUGO BELLIDO DEL POZO	19	SENIOR M	51	C.D.E. AGUVERDE	01:58:23	01:57:59	5:38 min/km	+00:37:31
172	MARCOS MAYO VELAYOS	218	SENIOR M	52	INDEPENDIENTE	01:58:23	01:57:57	5:38 min/km	+00:37:31
173	PABLO VICENTE MARTÍN	355	SENIOR M	53	CANICROSS SALAMANCA	01:58:26	01:58:11	5:38 min/km	+00:37:34
174	ALBERTO GARCÍA GONZÁLEZ	98	SENIOR M	54	AVVG	01:58:29	01:58:17	5:38 min/km	+00:37:37
175	FERNANDO MEGÍAS MORANTE	220	VT-M	103	TIGERS RUNNING CLUB	01:58:47	01:58:26	5:39 min/km	+00:37:55
176	JUAN LUIS ARIZA RODRIGUEZ	9	VT-M	104	TROTON.ES	01:59:05	01:58:55	5:40 min/km	+00:38:12



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Pos	Nombre	Dorsal	Categoría	P. Cat	Equipo	T. Oficial	T. Neto	Ritmo	Dif
177	CARLOS CHINARRO SALGADO	47	SENIOR M	55	INDEPENDIENTE	01:59:25	01:58:56	5:41 min/km	+00:38:33
178	LUIS MIGUEL LOPEZ GIL	187	VT-M	105	ALMONTEÑOS DE TALAVERA	01:59:30	01:59:23	5:41 min/km	+00:38:38
179	JOSÉ MARÍA GARCÍA JIMENEZ	101	VT-M	106	INDEPENDIENTE	01:59:30	01:59:25	5:41 min/km	+00:38:38
180	FRAN GARATE	90	VT-M	107	A.D. COREBO	01:59:47	01:59:16	5:42 min/km	+00:38:55
181	JOSE RUBEN RUIZ ARGANDA	298	VT-M	108	A.D. COREBO	01:59:47	01:59:18	5:42 min/km	+00:38:55
182	RUBEN ROMERO RODRIGUEZ	293	VT-M	109	LA PORTIÑA RUNNING	01:59:52	01:59:50	5:42 min/km	+00:39:00
183	FRANCISCO LEON SANTOS	180	VT-M	110	C.A. SESEÑA	02:00:05	01:59:59	5:43 min/km	+00:39:13
184	VICTORIA MENDOZA MUÑOZ	223	SENIOR F	4	AVVG	02:00:10	01:59:59	5:43 min/km	+00:39:18
185	GONZALO OCAÑA	238	SENIOR M	56	C.D. CORRECOBEJA	02:00:10	02:00:01	5:43 min/km	+00:39:18
186	ÁNGEL LEDESMA CORREAS	179	VT-M	111	CORRECOBEJA	02:00:11	02:00:02	5:43 min/km	+00:39:19
187	MIGUEL BARBA VALVERDE	15	SENIOR M	57	INDEPENDIENTE	02:00:47	02:00:28	5:45 min/km	+00:39:54
188	SILVIA MARTÍN GONZÁLEZ	209	VT-F	10	C.A. SAN FERNANDO	02:00:49	02:00:39	5:45 min/km	+00:39:57
189	TOMAS LOPEZ	399	VT-M	112		02:00:53	02:00:21	5:45 min/km	+00:40:01
190	ENRIQUE GARCIA GARCIA	97	VT-M	113	C.A. GRUPO OASIS	02:00:56	02:00:34	5:45 min/km	+00:40:03
191	IRAITZ SARATXAGA BIDEGUREN	321	SENIOR M	58	C.A. LAS TABLAS	02:01:02	02:00:35	5:45 min/km	+00:40:10
192	JUAN CARLOS GONZÁLEZ ARRIBAS	130	VT-M	114	INDEPENDIENTE	02:01:15	02:00:45	5:46 min/km	+00:40:23
193	PEDRO ALVAREZ SALCEDO	7	VT-M	115	INDEPENDIENTE	02:01:19	02:01:12	5:46 min/km	+00:40:27
194	JOSÉ MANUEL DELGADO MARTÍNEZ	66	VT-M	116	INDEPENDIENTE	02:01:22	02:01:01	5:46 min/km	+00:40:29
195	LUIS ALFONSO GÓMEZ MILLANES	126	SENIOR M	59	C.D. NAVALMARATON	02:01:48	02:01:34	5:48 min/km	+00:40:56
196	PEDRO HIDALGO	155	VT-M	117	INDEPENDIENTE	02:02:00	02:01:43	5:48 min/km	+00:41:08
197	JOSE HERRERO HDEZ	152	SENIOR M	60	INDEPENDIENTE	02:02:05	02:01:48	5:48 min/km	+00:41:13
198	ARTURO GUERRERO CARRASCO	138	SENIOR M	61	INDEPENDIENTE	02:02:11	02:01:34	5:49 min/km	+00:41:19
199	DAVID CASTILLO DIAZ	43	SENIOR M	62	LH RUN-EA	02:02:12	02:02:04	5:49 min/km	+00:41:20
200	ISMAEL TIEMBLO GARCÍA	332	SENIOR M	63	INDEPENDIENTE	02:02:21	02:01:49	5:49 min/km	+00:41:28
201	DAVID JUAN CASTRO	175	VT-M	118	INDEPENDIENTE	02:02:38	02:02:20	5:50 min/km	+00:41:46
202	JOSÉ ANDRÉS RODRIGUEZ GONZÁLEZ	284	VT-M	119	FOROFOS DEL RUNNING	02:02:51	02:02:15	5:51 min/km	+00:41:59
203	FRANCISCO SAAVEDRA AURRECOEHEA	302	VT-M	120	FOROFOS DEL RUNNING	02:02:51	02:02:17	5:51 min/km	+00:41:59
204	MIGUEL GIL LOPEZ	120	VT-M	121	INDEPENDIENTE	02:02:57	02:02:49	5:51 min/km	+00:42:05
205	MARCOS GIBELLO BASTANTE	117	SENIOR M	64	INDEPENDIENTE	02:03:05	02:02:52	5:51 min/km	+00:42:13
206	RAFAEL GOMEZ RETAMAR	127	VT-M	122	SOL NACIENTE	02:03:07	02:02:59	5:51 min/km	+00:42:14
207	JAIME GARCIA LAHERA	102	SENIOR M	65	INDEPENDIENTE	02:03:14	02:02:45	5:52 min/km	+00:42:22
208	FERNANDO DE LA FUENTE GARCIA	61	VT-M	123	INDEPENDIENTE	02:03:19	02:03:04	5:52 min/km	+00:42:27
209	JOSE LUIS SANCHIDRIAN OLIVA	317	VT-M	124	BOMBERINES	02:03:22	02:03:18	5:52 min/km	+00:42:30
210	IÑAKI SANTAFOSTA MENÉNDEZ	318	SENIOR M	66	INDEPENDIENTE	02:03:37	02:03:13	5:53 min/km	+00:42:45
211	RODRIGO CARRASCO	37	VT-M	125	INDEPENDIENTE	02:03:45	02:03:33	5:53 min/km	+00:42:53
212	PEDRO GARCÍA HERNANDEZ	100	VT-M	126	FOROFOS DEL RUNNING	02:03:54	02:03:20	5:54 min/km	+00:43:02
213	JOSE FELICIANO LÓPEZ JIMENEZ	190	VT-M	127	INDEPENDIENTE	02:04:02	02:03:44	5:54 min/km	+00:43:10
214	MICHEL GARCIA SANCHEZ	110	VT-M	128	MICHEL OPTICO	02:04:04	02:03:57	5:54 min/km	+00:43:11
215	JUAN MANUEL GONZÁLEZ GARCÍA	132	VT-M	129	INDEPENDIENTE	02:04:18	02:03:53	5:55 min/km	+00:43:25
216	FRANCISCO JAVIER RAMOS ANTON	266	VT-M	130	KCHARROS	02:04:25	02:04:09	5:55 min/km	+00:43:33
217	RUBEN CABALLERO GARCÍA	30	VT-M	131	LM TRAINER	02:04:29	02:04:13	5:55 min/km	+00:43:37
218	EDUARDO GARCÍA SÁENZ	109	VT-M	132	RUNNING COMPANY	02:04:34	02:04:13	5:55 min/km	+00:43:42
219	CELESTINO JIMENEZ GONZALEZ	166	VT-M	133	AVILA RUNNERS TEAM	02:04:47	02:04:40	5:56 min/km	+00:43:55
220	DAVID MARTÍN MAYO	211	SENIOR M	67	INDEPENDIENTE	02:05:28	02:04:57	5:58 min/km	+00:44:36



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Pos	Nombre	Dorsal	Categoría	P. Cat	Equipo	T. Oficial	T. Neto	Ritmo	Dif
221	RODRIGO PEGUERO	247	SENIOR M	68	LOS FILIPIDES	02:05:32	02:05:00	5:58 min/km	+00:44:40
222	MARIANO REY ARRANZ	269	VT-M	134	CD OROPESA CORRE	02:05:44	02:05:25	5:59 min/km	+00:44:52
223	MARIA SONSOLES JIMENEZ GARCIA	165	SENIOR F	5	AVILA RUNNERS TEAM	02:06:25	02:06:13	6:01 min/km	+00:45:33
224	JOSÉ GUILLERMO BUENADICHA SÁNCHEZ	27	VT-M	135	ECOSPORT	02:06:26	02:06:13	6:01 min/km	+00:45:34
225	MANUEL BLANCO DEL RIO	23	VT-M	136	LA RAMONA	02:06:26	02:05:57	6:01 min/km	+00:45:34
226	OSCAR CANDILES JIMENEZ	35	VT-M	137	INDEPENDIENTE	02:06:30	02:06:06	6:01 min/km	+00:45:38
227	CESAR PALACIOS MAIZ	243	VT-M	138	INDEPENDIENTE	02:06:30	02:06:30	6:01 min/km	+00:45:38
228	JAIME DOMINGUEZ ALONSO	74	VT-M	139	INDEPENDIENTE	02:06:30	02:06:07	6:01 min/km	+00:45:38
229	FRANCISCO JAVIER LUIS MARCOS	194	VT-M	140	INDEPENDIENTE	02:06:33	02:06:11	6:01 min/km	+00:45:41
230	RICARDO ALARCON COBOS	4	VT-M	141	INDEPENDIENTE	02:06:45	02:06:18	6:02 min/km	+00:45:53
231	PEDRO MORGADO TEJEDOR	231	VT-M	142	INDEPENDIENTE	02:06:45	02:06:19	6:02 min/km	+00:45:53
232	JOSÉ CUBAS MORÁN	56	VT-M	143	INDEPENDIENTE	02:07:30	02:07:16	6:04 min/km	+00:46:38
233	SERGIO ROMERO	291	VT-M	144	INDEPENDIENTE	02:07:39	02:07:12	6:04 min/km	+00:46:47
234	FRAN BUJALANCE CABELLO	28	VT-M	145	INDEPENDIENTE	02:07:44	02:07:17	6:04 min/km	+00:46:51
235	MARIO RUIZ ARGANDA	299	VT-M	146	INDEPENDIENTE	02:08:08	02:07:37	6:06 min/km	+00:47:16
236	SONIA ENCINAR JIMENEZ	77	VT-F	11	AVILA RUNNERS TEAM	02:08:10	02:08:01	6:06 min/km	+00:47:18
237	OSCAR VALENCIA REY	344	VT-M	147	INDEPENDIENTE	02:08:20	02:07:57	6:06 min/km	+00:47:28
238	CLARISA VAZQUEZ PINHEIRO	350	VT-F	12	INDEPENDIENTE	02:08:20	02:08:07	6:06 min/km	+00:47:28
239	DANIEL CARRASQUILLA LÓPEZ	38	SENIOR M	69	UNION ATLÉTICA COSLADA	02:08:34	02:08:22	6:07 min/km	+00:47:42
240	SUSANA RUIZ ARGANDA	300	VT-F	13	A.D. COREBO	02:08:35	02:08:04	6:07 min/km	+00:47:43
241	JOSE ANDRES VILLA COLLADO	356	VT-M	148	INDEPENDIENTE	02:08:39	02:08:11	6:07 min/km	+00:47:47
242	JUAN PEDRO ARROYO CARNALIO	11	VT-M	149	INDEPENDIENTE	02:08:40	02:08:08	6:07 min/km	+00:47:48
243	MIGUEL BONILLA BUENO	26	VT-M	150	INDEPENDIENTE	02:08:56	02:08:30	6:08 min/km	+00:48:04
244	JAVIER FERNÁNDEZ MOLANO	82	VT-M	151	INDEPENDIENTE	02:09:00	02:08:35	6:08 min/km	+00:48:08
245	MARÍA JIMÉNEZ AMO	162	SENIOR F	6	JACQUELINE RUNNERS	02:09:03	02:08:45	6:08 min/km	+00:48:10
246	JOSÉ MARÍA ALTAMIRANO ZAMORANO	6	VT-M	152	TROTON.ES	02:09:15	02:09:12	6:09 min/km	+00:48:22
247	ALFONSO GONZÁLEZ TELLO	136	VT-M	153	C.A. MIAJADAS	02:09:22	02:08:53	6:09 min/km	+00:48:30
248	CARMEN ESTEBAN GONZALEZ	79	VT-F	14	INDEPENDIENTE	02:09:30	02:09:14	6:10 min/km	+00:48:38
249	JAVIER ROLLÓN BLÁZQUEZ	289	VT-M	154	INDEPENDIENTE	02:09:34	02:09:09	6:10 min/km	+00:48:42
250	JORGE LERGA	181	SENIOR M	70	INDEPENDIENTE	02:09:44	02:09:33	6:10 min/km	+00:48:52
251	FRANCISCO JOSÉ GALÁN CISNEROS	86	VT-M	155	INDEPENDIENTE	02:09:54	02:09:42	6:11 min/km	+00:49:02
252	MARCOS PLAZA	259	VT-M	156	INDEPENDIENTE	02:10:09	02:09:41	6:11 min/km	+00:49:17
253	JAVIER CHAPARRO TEJADO	45	VT-M	157	INDEPENDIENTE	02:10:15	02:09:38	6:12 min/km	+00:49:23
254	IGOR MOLINA	224	VT-M	158	INDEPENDIENTE	02:10:21	02:10:01	6:12 min/km	+00:49:29
255	PEDRO ENRIQUE TARACHE GUTIERREZ	329	VT-M	159	C.D. LUMICIERNAGA	02:10:25	02:10:11	6:12 min/km	+00:49:33
256	JOSE CASAS	41	VT-M	160	LOS FILIPIDES	02:10:32	02:09:58	6:12 min/km	+00:49:40
257	MANOLO HERNÁNDEZ ZAMORA	149	VT-M	161	C.A. SAN FERNANDO DE HENARES	02:11:15	02:11:04	6:15 min/km	+00:50:23
258	MIGUEL MARÍN RODRIGUEZ	204	VT-M	162	INDEPENDIENTE	02:11:22	02:11:03	6:15 min/km	+00:50:30
259	FREDERIQUE LAHURE DIAZ	178	VT-F	15	C.D. PARQUESOL	02:11:51	02:11:48	6:16 min/km	+00:50:59
260	FRANCISCO JAVIER GARCIA PALMERO	106	VT-M	163	LA TAPIA MADRID	02:12:00	02:11:05	6:17 min/km	+00:51:08
261	MIGUEL ANGEL MURILLO PEREZ	237	VT-M	164	ESTOS K-BRUNNERS	02:12:28	02:12:09	6:18 min/km	+00:51:36
262	RUBEN VEIGA FRA	352	VT-M	165	INDEPENDIENTE	02:12:29	02:12:09	6:18 min/km	+00:51:36
263	ALBERTO PEINADO HERNÁNDEZ	248	VT-M	166	KRUNNERS	02:12:29	02:12:09	6:18 min/km	+00:51:37
264	JOSÉ SÁNCHEZ DEL CAMPO	310	VT-M	167	INDEPENDIENTE	02:12:47	02:12:43	6:19 min/km	+00:51:55



Fecha 08/06/2019

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Pos	Nombre	Dorsal	Categoría	P. Cat	Equipo	T. Oficial	T. Neto	Ritmo	Dif
265	MARIA EUGENIA HERNÁIZ CASAS	144	VT-F	16	INDEPENDIENTE	02:12:56	02:12:53	6:19 min/km	+00:52:04
266	CARMEN SORAYA ROBLEDO MORONTA	275	VT-F	17	CAZABACHES	02:13:02	02:12:27	6:20 min/km	+00:52:10
267	ALBERTO MUELA MARTIN	233	SENIOR M	71	TRIATLON SANTANDER	02:13:14	02:13:05	6:20 min/km	+00:52:22
268	ALVARO BARRAGAN GONZALEZ	16	SENIOR M	72	INDEPENDIENTE	02:13:50	02:13:32	6:22 min/km	+00:52:57
269	JUAN ANTONIO CLAVERO LAZARO	48	VT-M	168	RUNNING COMPANY	02:13:50	02:13:29	6:22 min/km	+00:52:58
270	JOSÉ MANUEL SÁNCHEZ CASAL	309	VT-M	169	INDEPENDIENTE	02:14:14	02:13:55	6:23 min/km	+00:53:22
271	CARLOS DE ANDRÉS RODRIGO	58	VT-M	170	INDEPENDIENTE	02:14:19	02:14:15	6:23 min/km	+00:53:27
272	FIDEL MOYA SÁNCHEZ	232	VT-M	171	SOL NACIENTE	02:14:31	02:14:24	6:24 min/km	+00:53:39
273	ANGELINES GUIASADO DÍAZ	142	VT-F	18	LAS GALGUITAS	02:15:07	02:15:03	6:26 min/km	+00:54:15
274	GRACIELA PUERTO GARCIA	263	SENIOR F	7	MONKEY'S ROPES	02:15:17	02:15:01	6:26 min/km	+00:54:25
275	CARMEN GONZALEZ REVUELTA	134	VT-F	19	INDEPENDIENTE	02:15:19	02:15:03	6:26 min/km	+00:54:26
276	NICHOLAS WALKER	363	VT-M	172	INDEPENDIENTE	02:15:34	02:15:15	6:27 min/km	+00:54:42
277	JAVIER RUIZ GARCIA	301	VT-M	173	C.D. LUMICIERNAGA	02:15:56	02:15:18	6:28 min/km	+00:55:04
278	SUSANA GOMEZ RUIZ	128	VT-F	20		02:15:59	02:15:21	6:28 min/km	+00:55:07
279	LUIS VEGA VELÁZQUEZ	351	VT-M	174	INDEPENDIENTE	02:16:12	02:15:50	6:29 min/km	+00:55:20
280	RAUL RODRIGUEZ REINOSA	286	SENIOR M	73	INDEPENDIENTE	02:16:37	02:16:02	6:30 min/km	+00:55:45
281	NICOLÁS FERNÁNDEZ CORTÉS	81	VT-M	175	INDEPENDIENTE	02:16:38	02:16:18	6:30 min/km	+00:55:46
282	PEDRO LUENGO SALA	193	VT-M	176	TROTON.ES	02:17:07	02:16:46	6:31 min/km	+00:56:15
283	CONSTANCIO RIAÑO PRIETO	270	VT-M	177	TROTON.ES	02:17:08	02:16:46	6:31 min/km	+00:56:16
284	YOLANDA OTERO JIMENEZ	241	VT-F	21	C.A SAN FERNANDO DE HENARES	02:17:09	02:16:52	6:31 min/km	+00:56:17
285	SILVIA GOMEZ ZAMORA	129	VT-F	22	C.A. SAN FERNANDO DE HENARES	02:17:09	02:16:52	6:31 min/km	+00:56:17
286	EDUARDO MARTIN VEGA	214	VT-M	178	GREDOS RUNNERS	02:17:33	02:17:13	6:33 min/km	+00:56:41
287	MERCEDES GONZALEZ SERRANO	135	VT-F	23	UNION DEPORTIVA VEGETARIANA	02:17:59	02:17:30	6:34 min/km	+00:57:07
288	PRADO RIVERO DOMINGUEZ	274	VT-F	24	UNION DEPORTIVA VEGETARIANA	02:17:59	02:17:30	6:34 min/km	+00:57:07
289	CARLOS SÁNCHEZ RIVAS	315	SENIOR M	74	FOROFOS DEL RUNNING	02:18:17	02:17:42	6:35 min/km	+00:57:25
290	OSCAR DE BLAS RODRÍGUEZ	59	VT-M	179	INDEPENDIENTE	02:18:28	02:18:20	6:35 min/km	+00:57:36
291	EKATERINA KOVALENKO	176	SENIOR F	8	INDEPENDIENTE	02:18:36	02:18:13	6:36 min/km	+00:57:44
292	JAVIER PINILLA SANZ	256	VT-M	180	OJITOS DE BASS	02:18:53	02:18:31	6:36 min/km	+00:58:01
293	IGNACIO ROMERO DORADO	292	SENIOR M	75	OJITOS DE BASS	02:18:59	02:18:38	6:37 min/km	+00:58:07
294	ANA ISABEL PINILLA SANZ	258	SENIOR F	9	OJITOS DE BASS	02:18:59	02:18:37	6:37 min/km	+00:58:07
295	ALBERTO DE LA FUENTE GARCÍA	62	VT-M	181	INDEPENDIENTE	02:19:52	02:19:38	6:39 min/km	+00:58:59
296	JOSE LUIS DEL BARRIO ALVAREZ	65	VT-M	182	CORRECAMINOS CARBAJOSA	02:20:01	02:19:45	6:40 min/km	+00:59:08
297	NICOLÁS CORTÉS MANERO	52	VT-M	183	TROTON.ES	02:20:25	02:20:03	6:41 min/km	+00:59:33
298	JUAN RIOS MARTIN	272	VT-M	184	INDEPENDIENTE	02:20:34	02:20:02	6:41 min/km	+00:59:42
299	LEONARDO RINCÓN CARDEÑA	271	VT-M	185	INDEPENDIENTE	02:21:22	02:21:17	6:43 min/km	+01:00:30
300	SAMUEL DIAZ MARTIN	70	VT-M	186	INDEPENDIENTE	02:21:47	02:21:32	6:45 min/km	+01:00:55
301	CAROLINA SANCHEZ LOPEZ	312	VT-F	25	INDEPENDIENTE	02:22:07	02:21:45	6:46 min/km	+01:01:15
302	JESUS JAVIER VALLE ESTEBAN	345	VT-M	187	INDEPENDIENTE	02:22:08	02:21:46	6:46 min/km	+01:01:16
303	JOSE MANUEL GIBELLO GONZÁLEZ	119	VT-M	188	INDEPENDIENTE	02:23:23	02:23:09	6:49 min/km	+01:02:31
304	LOURDES AGÜERO CHONG	3	VT-F	26	C.A. LAS TABLAS	02:24:37	02:24:10	6:53 min/km	+01:03:45
305	ALBERTO HUETE DE PAREDES	159	SENIOR M	76	INDEPENDIENTE	02:29:22	02:28:47	7:06 min/km	+01:08:30
306	JUAN PABLO GARCIA	91	SENIOR M	77	INDEPENDIENTE	02:29:42	02:29:13	7:07 min/km	+01:08:50
307	JUSTINO VILLAR MARTÍN	360	VT-M	189	C.A. SAN FERNANDO DE HENARES	02:29:50	02:29:34	7:08 min/km	+01:08:58
308	GEMA LOPEZ ESQUINAS	186	VT-F	27	C.A. SAN FERNANDO	02:30:27	02:30:11	7:09 min/km	+01:09:35



Fecha 08/06/2019

MEDIA NATURALEZA

CLASIFICACION GENERAL

Pos	Nombre	Dorsal	Categoría	P. Cat	Equipo	T. Oficial	T. Neto	Ritmo	Dif
309	ALICIA JIMÉNEZ GONZALEZ	167	VT-F	28	AVILA RUNNERS TEAM	02:31:03	02:30:54	7:11 min/km	+01:10:11
310	MIRIAM MANZANO DIAZ	201	VT-F	29	INDEPENDIENTE	02:34:57	02:34:20	7:22 min/km	+01:14:05
311	SOFIA BLANCO DE MIGUEL	22	SENIOR F	10	INDEPENDIENTE	02:39:03	02:38:38	7:34 min/km	+01:18:11
312	ELENA TOSTÓN MACHO	337	VT-F	30	INDEPENDIENTE	02:40:51	02:40:21	7:39 min/km	+01:19:59
313	FERNANDO ROBLES SÁNCHEZ	276	VT-M	190	INDEPENDIENTE	02:40:52	02:40:21	7:39 min/km	+01:19:59
314	CARLOS HIERRO GONZÁLEZ	157	VT-M	191	INDEPENDIENTE	02:41:03	02:40:35	7:40 min/km	+01:20:11
315	SUSANA PEÑA MARTÍN	249	VT-F	31	INDEPENDIENTE	02:41:23	02:41:00	7:41 min/km	+01:20:31
316	SUSANA TORRES	334	VT-F	32	INDEPENDIENTE	02:42:00	02:41:44	7:42 min/km	+01:21:08
317	LINO CÉSAR GONZÁLEZ JIMÉNEZ	133	VT-M	192	C.A. MIAJADAS	02:42:32	02:42:02	7:44 min/km	+01:21:39
318	PABLO QUERALT MARTIN	264	SENIOR M	78	INDEPENDIENTE	02:45:44	02:45:16	7:53 min/km	+01:24:52
319	DIEGO RIPALDA NAVARRO	273	VT-M	193	C.A. SAN FERNANDO	02:58:42	02:58:24	8:30 min/km	+01:37:50
320	BEATRIZ MANERO PASCUAL	198	VT-F	33	C.A. SAN FERNANDO DE HENARES	03:04:00	03:03:42	8:45 min/km	+01:43:08
321	NICOLAS MATA SÁNCHEZ	216	VT-M	194	C.A. SAN FERNANDO	03:04:00	03:03:42	8:45 min/km	+01:43:08
322	JOSÉ MARIA RODRIGUEZ	278	VT-M	195	INDEPENDIENTE	03:05:43	03:05:18	8:50 min/km	+01:44:51